



Shepherd Care®

Revision Date:
May 22, 2023

To Care for People Where They Live and Work

COMMUNITY Care TOPIC

The Point of No Return

How can we prepare for the expected and unexpected events in life?

Unprepared?

- Life happens! Life will happen whether we are ready or not.
- Have room for flexibility in life to absorb, expand, and contract with life's events. Roll with the punches.

Preparing for the Expected

This applies to any event that can be foreseen and expected. We do this by planning for the events in life. The best way to handle these events is to take care of yourself and your family. It may be helpful to list some possible expected situations and consider how prepared you are to face the situations.

Example: You and your wife are expected to have a baby. It is almost nine months- it would be a good plan to have a suitcase packed with toiletries and a change of clothes to prepare for the hospital trip and delivery of your new child. P.S. Remember to also bring a camera!

Preparing for the Unexpected

Establish realistic plans for the crisis emergency. It is like practicing for a fire drill.

Example: According to the weather report, your family or business is in the path of an oncoming hurricane. You can plan to depart to a safer area if possible. If not, make sure you have emergency supplies, such as flashlights, batteries, candles, cell phone, food and water, medicine, toiletries, change of clothes and blankets.

Not all events can be anticipated, but many can be prepared for. It is our responsibility to prepare while we can. In the onslaught of a catastrophe, it may be too late. *Are you prepared?*

Introducing your Community Chaplain

Eric Kieselbach

(pronounced "key-sill-baa")

Email:

eric@shepherdcare.us

"By failing to prepare, you are preparing to fail."
Benjamin Franklin

"A man's heart deviseth (*prepares*) his way: but the LORD directeth his steps."
Proverbs 16:9

All Scripture quotations, except otherwise noted, are from the King James Version of the Holy Bible, (Cambridge: Cambridge) 1769. Public Domain.